

Reforming Sexual Education

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Concerns Regarding Sex Ed. Today Per Local Students

- No focus on sexual & gender orientation
 - Heterosexual, classic sex
 - Physical act, not situation
 - Rape
 - Scare tactics
 - Abstinence
 - Post-pregnancy options
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Student Interviews: 14 year old, straight, SA female

» Do you think your sexual education class properly prepared you?

“Not really.”

» What do you wish you had known ahead of time and/or your sex ed class taught you?

“More about sex and less about puberty.”

» Did you use birth control and what kind?

“Nope.”

» Have you ever felt guilty for having/not having sex? (caused by your peers, values, partner, family, religion, etc.)

“Yes.”

16 year old sexually active bisexual male

» Do you think your sexual education class properly prepared you?

“No.”

» What do you wish you had known ahead of time and/or your sex ed class taught you?

“Less of the focused on the science of how babies are made and less the about the decision to have sex with someone, the relationship between two people that leads to sex and more about like different sexual orientations and rape.”

» Have you “come out of the closet”?

“Only to a few people.”

» Are you afraid of being judged?

“A little.”

Sex Ed Improvements

- Openly discussion regarding sex without shame or embarrassment
- LGBTQ+ discussion
- How to know you're ready; reduction in stigma of being ready or not being ready
- More information regarding STDs and pregnancy; facts, not scare tactics
- Abstinence taught as an equal option along with condoms, birth control, ect.
- Abortion and adoption options
- Other forms of sexual activity; oral, anal, ect.
- How to get contraceptives
- ~~Rape~~ Rape and consent

Execution of Improved Sex Ed

Presentation

- AB312
- More approachable, younger presenters
- Work with Wild Iris & Health Department
- Reach a variety of Mono County



A Window Between Worlds

Conclusion

